



PATHWORK OTTAWA

A Quarterly Newsletter

Dates to know:

- Webinar—June 18
- Social—June 23
- Lecture Series—Fall 2019
- Helpership
Consciousness begins—
September 2019
- International
Conference—Spring
2020

Webinar

Discover Pathwork – Spiritual Nourishment in Everyday Life. This free webinar, on June 18, will address your spiritual questions and offer an introduction to a contemporary holistic, spiritual framework, that combines both personal and spiritual healing and growth. [Sign up here:](#)

Lecture Series

Did you miss the last lecture series? It will be offered again this fall.

The focus of this group is to deepen understanding of the basic Pathwork concepts using specific readings as well as music, movement, poetry and various modes of creative expression to explore the concepts and to apply them to daily life. Contact: Jean at jmillar@rogers.com or 613-829-1254

International Conference

Have you marked your calendar yet? The international conference is here in Ottawa at Carleton University May 20-25, 2020.

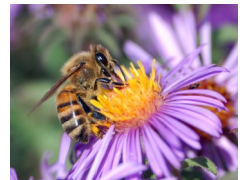
<https://pathwork.org/pathwork-communities/international-events/>

LEADERSHIP MESSAGES THIS QUARTER

There is excitement in the air with the renewed energy the Ottawa community has this year. I felt a strong call to step into a formal leadership role and was thrilled to be received in this role by the community at the April, Sunday Sanctuary Service. The community blessed and instated me. I begin my term as leader of Pathwork Ottawa, which I am committed to for the next a 3-5-years. My hope is that continue to nurture the next generation of Pathwork leadership in Ottawa.

Some of our new ventures include:

- An updated website to be launched this summer
- A quarterly newsletter
- A webinar: ***Introduction to the Pathwork.***



Stay tuned to this newsletter for more information about events, or visit our website which should be good to go by summer. <https://pathworkottawa.ca/>

Have a wonderful summer and look forward to seeing you in the fall.

Madeline Dietrich M.A., Senior Pathwork Helper

Leader of Pathwork Ottawa.